



ELMBRIDGE CANOE CLUB

REGATTA AND BARBEQUE

SATURDAY May 1st at 1 O'CLOCK

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The Desborough Channel will be closed
to all other river traffic during the 200m and 500m events

200m & 500m K1 time trials - For all abilities
200m & 500m K1 races - In ability groups determined by trial results
200m K2 races
3000m races in K1 and K2
New for this year – 3000m races in Rocket K4

CHECK IN BY 12.15pm.

It is essential to the smooth running of the event that all paddlers check in on time

CLOSING DATE:

We would be grateful to receive email or phone entries in advance
Or just turn up on the day!

ENTRIES TO:

Di Lawler, 93, Chertsey Lane,
Staines, TW18 3LQ
Home: 01784 454772
Email: diandroland2009@hotmail.com

CHEQUES PAYABLE TO: Elmbridge Canoe Club

ENTRY FEE: £5.00 (Covers all races)

- When entering please state your **sprint class** or ability group, according to the standards chart in the Racing Handbook
- Please ensure your boat has a number slot and bring a clean number plate with you
- Each paddler will be issued a number for identification
- Everyone should get a race every half hour
- Please bring K2s and Rocket K4s if possible
- Remember your BCU licence on your boat